



**Children's Health History Form**

Today's Date \_\_\_\_\_

**ABOUT THE CHILD**

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Gender  M  F Height \_\_\_\_\_ Weight \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Names and Ages of Siblings \_\_\_\_\_

**Parent A**

**Parent B**

Name \_\_\_\_\_

Name \_\_\_\_\_

Home phone (\_\_\_\_\_) \_\_\_\_\_

Home phone (\_\_\_\_\_) \_\_\_\_\_

Home phone (\_\_\_\_\_) \_\_\_\_\_

Home phone (\_\_\_\_\_) \_\_\_\_\_

Employer \_\_\_\_\_

Employer \_\_\_\_\_

E-mail \_\_\_\_\_

E-mail \_\_\_\_\_

Whom may we thank for referring you to our office? \_\_\_\_\_

**REASON FOR SEEKING CHIROPRACTIC CARE**

What concerns do you feel Vitality Chiropractic and Family Wellness can address for your child? \_\_\_\_\_

Related to:  Sports  Auto  Fall  Chronic  Home Injury  Other \_\_\_\_\_

Please describe how these concerns are affecting your child's quality of life. \_\_\_\_\_

- Check all that apply
- School
  - Exercise/Sports
  - Walking
  - Playing
  - Sleep
  - Attention/Focus
  - Communication
  - Eating
  - Daily Routine

**EXPECTATIONS OF CARE**

I would like my child to experience the following benefits from Chiropractic Care:

- Check all that apply
- Symptomatic relief of pain or discomfort
  - Correction of the cause of the problem as well as relief of symptoms
  - Prevention of future problems
  - Healthier spine and nerve system
  - Optimal health on all levels
  - OTHER \_\_\_\_\_



The primary system in the body which coordinates health is the NERVE SYSTEM. The vertebrae (bones of the spinal column) surround and protect the delicate NERVE SYSTEM. Injury to the SPINE and NERVE SYSTEM is a condition called VERTEBRAL SUBLUXATION. VERTEBRAL SUBLUXATION results in nerve malfunction due to vertebral/spinal misalignment.

Vertebral Subluxations can have Physical, Emotional and Chemical causes and effects.

The information below will help us to see the types of PHYSICAL, EMOTIONAL & CHEMICAL stresses your child has been subjected to, how they may relate to his/her present spinal, nerve and health status and whether they may have caused Vertebral Subluxations to occur.

### PREGNANCY & BIRTH

During pregnancy, did the mother:

- Experience any significant illnesses, difficulties, or trauma? \_\_\_\_\_
- Take any drugs/medications? \_\_\_\_\_
- Smoke or consume alcohol \_\_\_\_\_

- Home birth       Hospital birth       Vaginal       Water birth       Caesarean

Was the delivery premature?  No  Yes Weeks \_\_\_\_\_ Weight \_\_\_\_\_

Approximately how long did labor last? \_\_\_\_\_ hours

Was labor artificially induced?  No  Yes \_\_\_\_\_

Was it determined that the child was breech or otherwise malpositioned?  No  Yes \_\_\_\_\_

The birth process can be traumatic to a baby's spine and cause interference to the nervous system. Please check which, if any, of the following were administered during labor and birth.

- Epidural       Forceps       Vacuum       Medications \_\_\_\_\_
- Pitocin       Episiotomy       Manual traction of the neck \_\_\_\_\_

Please check all that apply to the baby's status immediately after birth:

- Jaundice       Respiratory problems       Broken bones \_\_\_\_\_
- Feeding problem       Displaced joints       Other conditions \_\_\_\_\_

APGAR Score \_\_\_\_\_

Was the baby breastfed?  No  Yes For how long? \_\_\_\_\_

Any difficulty breast feeding? \_\_\_\_\_

### CHEMICAL STRESS

Chemical stresses can occur when a substance that is toxic to the body is breathed, injected, taken by mouth, or comes into contact with the skin. The following will reveal exposures your child may have experienced.

Have you chosen to vaccinate your child?  No  Yes.



If yes, please check all vaccinations the child has received and at what age they were administered:

- DPT \_\_\_\_\_
- Polio \_\_\_\_\_
- Hepatitis \_\_\_\_\_
- MMR \_\_\_\_\_
- Chicken Pox \_\_\_\_\_
- Flu \_\_\_\_\_
- Other \_\_\_\_\_

Please describe any and all reactions to vaccine(s) \_\_\_\_\_

Please check all that apply and give any necessary details:

- Child exposed to second hand smoke.
- Has taken antibiotics. Explain \_\_\_\_\_
- Currently taking medication. Explain \_\_\_\_\_
- Currently taking supplements. Explain \_\_\_\_\_
- Has allergies. Explain \_\_\_\_\_
- What treatments have you used? \_\_\_\_\_

**PHYSICAL STRESS: INFANCY & CHILDHOOD**

Is the reason you are seeking care related to?:  Sports  Auto  Fall  Chronic  Home Injury  Other

Please check all that apply to your child and give any necessary details:

- Uncoordinated/Accident prone
- Has been hospitalized. \_\_\_\_\_
- Had a severe trauma. \_\_\_\_\_
- Been in an automobile accident. \_\_\_\_\_
- Has fractured a bone or dislocated a joint. \_\_\_\_\_
- Has/had a chronic illness. \_\_\_\_\_
- Has had surgery. \_\_\_\_\_

What physical activities does your child participate in? \_\_\_\_\_

**EMOTIONAL STRESS**

It is difficult to separate the emotional stress in our life from the physical response that often occurs. Please indicate if your child has ever or is currently experiencing any of the emotional stresses below:

- Academic pressure
- Loss of a loved one
- Bullying
- Relocation
- Lifestyle change
- Parents' divorce
- Loss of a pet
- New sibling

Does your child have difficulty interacting with schoolmates or friends?  Yes  No

Have you or anyone else noticed that your child is nervous, twitches, shakes, or exhibits rocking behavior?  Yes  No

**HEALTH CARE PRACTITIONER HISTORY**

Has your child ever received chiropractic care?  Y  N Name of D.C. \_\_\_\_\_

Reason \_\_\_\_\_ How long? \_\_\_\_\_ Date of last visit \_\_\_\_\_

Why was care stopped? \_\_\_\_\_

Have you consulted or do you regularly consult any of the following providers for your child?



Check all that apply     Medical Physician     Naturopath     Acupuncturist     Homeopath  
 Massage Therapist     Psychotherapist     Energy Healer     Other

Reason \_\_\_\_\_

**FINANCES**

**Payment in full is expected on all FIRST VISIT services** (whether you have insurance coverage or not.) All other fees are to be paid at time of service until other arrangements have been made and agreed upon in writing.

**INSURANCE INFORMATION**

Vitality Chiropractic and Family Wellness is currently un-enrolled with insurance companies. However, the office is in the process of enrollment. For this reason, our fees have been established to be comparative to most co-pays, and allow everyone to receive chiropractic care. Super bills may be requested to submit to personal insurance companies.

**Please indicate below the type and name of your insurance\*\***

**\*\*If you have coverage, our staff will need a copy of your insurance card.**

Insurance type:     Medicare     Auto Accident     Other (e.g., Aetna, Cigna, GIC, etc.)

Insurance name: \_\_\_\_\_

Policy Holder: \_\_\_\_\_

Is this an Auto Accident Related Injury?     Yes     No

If **yes**, please provide us with the following information:

Has your child been treated elsewhere?     Yes     No

If **yes**, where?     Emergency Room     Primary Care     Other \_\_\_\_\_

What services were provided?     MRI     X-Rays     Medication     Therapy

Other (details) \_\_\_\_\_

**PLEASE READ AND SIGN BELOW**

*The information I have provided, on this case history form, is true and accurate, to the best of my knowledge. I give Dr. Katie Chenkus and/or Dr. Sherri Raley permission to render care to me today. This initial visit includes a health history/consultation, chiropractic exam/evaluation, and any initial care that is determined to be clinically necessary and mutually agreed upon.*

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

Signature of Parent (for minor): \_\_\_\_\_ Today's Date \_\_\_\_\_

**Cancellation/ Broken Appointment Policy**

Our commitment to your great chiropractic care begins with a defined schedule in which we have allotted specific amounts of time for you and other patient abased on your specific needs. With said, we understand that "life" happens and results in needed changes to our day to day schedule that may prevent us from keeping an appointment. We respectfully request at least **24 hour advanced notice** if you need to cancel an appointment. Giving us as much notice as possible ensures that someone else is able to take advantage of the time that was allotted to you.

An appointment that is cancelled with less than 24 hours' notice or an appointment that is not canceled at all in which the patient fails to appear to is considered a broken appointment. Broken appointments delay the success of your treatment and the treatment of other patients. Therefore, any broken appointments will result in a **\$25.00 office fee**.

Thank you in advanced for your compliance with out cancellation and broken appointment policies. Please know that all policies are in place to ensure a great chiropractic experience for you and your family. Again, we look forward to serving your every chiropractic need!

*Please initial below that you read and understand the cancellation and broken appointment policy.*

Initial Here: \_\_\_\_\_